

# WINTER RECREATION

*in the Methow Valley*

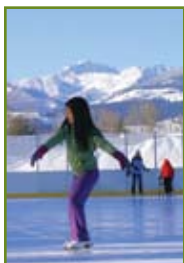
**Winthrop**  
WASHINGTON

Winthrop is best known for its winter recreation, sunshine, and dry snow! Winthrop is home to the nation's largest cross-country ski area and some of the most acclaimed snowmobiling and backcountry skiing around. Ski, snowshoe, sled, shred, or skate, the Methow Valley has it all.



## CROSS-COUNTRY SKIING

Ski the **largest cross-country ski area in North America!** Ski 120 miles (200 kilometers) of groomed, interconnected trails between towns and lodges, glacial valleys, pristine forests and mountain ridges. Methow Valley Sport Trails Association (MVSTA) maintains trails and provides maps, passes, and information on rentals and lessons. [skithemethow.com](http://skithemethow.com)



## WINTHROP ICE RINK

When Jack Frost gets to work in the Methow, the Winthrop Ice Rink comes alive. The **completely outdoor ice rink** offers open skating, pick-up hockey, and figure skating lessons. Rentals and day passes are affordable; and the indoor upstairs viewing room allows the non-skating members of your party a place to view the experience in comfort. [winthropicerink.com](http://winthropicerink.com).



## ALPINE SKIING AND SNOWBOARDING

The **Loup Loup Ski Bowl** is one of the Pacific Northwest's best kept secrets. Just 20 minutes east of town, "the Loup" offers 1,240 vertical feet with cut runs, a terrain park, and 23 km of groomed nordic ski trails. Rentals and lessons are available at the always-friendly ski shop. There is a quad chairlift, a poma lift, and rope tow. In addition, try the popular tubing hill. For more information and directions, visit: [skitheloup.com](http://skitheloup.com).

*get maps and more information at*

**WINTHROPWASHINGTON.COM**



## BACKCOUNTRY & HELI SKIING

Head up Highway 20 for access to a million acres of wilderness in the **North Cascades, aka the, “The American Alps” - the most glaciated peaks in the continental U.S.** For the ultimate lift assist, North Cascades Heli of Mazama offers one to four day adventures. [winthropwashington.com/backcountryskiing](http://winthropwashington.com/backcountryskiing)



## SNOWMOBILING

Snowmobiling in the Methow offers everything from high elevation exploring to riverside groomed tours. The extensive terrain allows for all-day rides over exceptionally dramatic scenery. About half of Okanogan county's **384 miles of groomed snowmobile trails** can be accessed from the Methow Valley! Snowmobile rentals are available from several businesses. [winthropwashington.com](http://winthropwashington.com) and [methow.com/groomer](http://methow.com/groomer)



## SNOWSHOEING

Snowshoeing can be a quiet reprieve or a high paced workout. Either way, it gets you away from the hustle and bustle of daily life. Enjoy the signed snowshoe trail network maintained by the Methow Valley Sport Trails Association (MVSTA). Or, blaze your own trail through any of the many public lands in the Valley. Maps and more information are available at [mvsta.com](http://mvsta.com) and [winthropwashington.com/snowshoeing](http://winthropwashington.com/snowshoeing)



## SLEDDING AND TUBING

A winter wonderland experience in the Methow would not be complete without the simple pleasure of sledding! Families with kids young and old will take delight in the thrill of sledding down a freshly snowed on slope, coming up for air and laughing, and running up to do it all over again. Of course, any hill will do, but the **tubing hill at Loup Loup Ski Area** is an enjoyable, safe choice. [skitheloup.com](http://skitheloup.com) and [winthropwashington.com/sledding](http://winthropwashington.com/sledding)



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